



The Hub Waratah

Welcome to Term Two

Who can believe just how fast the year is going..... I certainly can't.

We have had a fun filled start to the year with the children enjoying a range of activities and experiences including our Water Week Challenge through Healthy Harold followed by a visit to the preschool rooms by Healthy Harold himself, which the children thoroughly embraced. It was great to see all children acknowledge the message that water is best when making choices of what to drink, as it helps keep our bodies hydrated and healthy to get through our days. The children have also enjoyed activities to celebrate Harmony Day and Easter.

We have a few things in store for Term 2, including school photos that will take place during the week 15th – 19th May. You will find an enveloped in your child's communication pocket for you to take home and complete, indicating which package you would like to purchase. For every full package purchased, we will receive a percentage back from the company in the form of a gift voucher to spend with MTA, Envelopes are due back at preschool by the 10th May please.

We are continuing to go through our policy review process which is a great way to have your say on any of our policies / procedures. You will find these in a post via OWNA or on display on the table in the hallway just outside the Lions room. Please provide any ideas or feedback you have on the paper provided.

In the front Foyer, you will also find a copy of our Self-Assessment Working Document (formally known as our QIP). Again, we encourage you all to have a read and again, jot down any thoughts or ideas you have with regards to our areas of strength as well as our areas for improvement. All feedback is greatly appreciated.

The Department of Health has again this year been issuing warnings about the severity of this year's flu season. Taking this in high consideration, we ask that you please remain diligent in being aware of the signs and symptoms. If your child presents with any flu-like symptoms at any time, it is advisable to keep them home to avoid others becoming sick as a result.

We thank you in advance for your assistance in helping us with this.

Please feel free to come and chat with me or give me a call if you need to discuss anything...my door is always open and my email is director.waratah@thehubpreschool.com.au

We look forward to another fun and exciting term ahead

Warm Regards,

Kim Townsend



The Hub Waratah

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Important Dates



May

- Emergency Mixed Drills - 1st May - 5th May
- Mother's Day Sunday - 14th May
- Preschool Photos - 15th May - 19th May
- National Simultaneous Storytime Wednesday - 24th May

June

- World Environment Day - 5th June
- World Oceans Day - 8th June
- World Music day - 21st June

July

- NAIDOC Week 3rd July - 7th July
- Pyjama Day fundraiser - 17th - 21st July

National Simultaneous Storytime (NSS) is held annually by the Australian Library and Information Association (ALIA). Every year a picture book, written and illustrated by an Australian author and illustrator, is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country. Now in its 23rd successful year, it is a colourful, vibrant, fun event that aims to promote the value of reading and literacy, using an Australian children's book that explores age-appropriate themes, and addresses key learning areas of the National Curriculum for Foundation to Year 6. This year's story is "The Speedy Sloth" written by Rebecca Young.

A snippet of the story.....

"It was finally time for the event of the year, Spike couldn't believe it—The Great Race was here! The other sloths said it couldn't be done, but Spike didn't care, she was ready to run! From award-winning creators, Rebecca Young and Heath McKenzie comes this inspiring story to celebrate all winners ..."

National Simultaneous Storytime May 24th

(children across all rooms to participate)





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World Environment DAY



World Environment Day is celebrated annually on 5th June and is the United Nations' principal vehicle for encouraging awareness and action for the protection of the environment.

Here at Preschool, the children will engage in discussions and activities that will focus on what we can do to help protect the environment now and into the future

"We are tied to the ocean wherever we go."



June 8th is World Ocean's Day, the United Nations day for celebrating the role of the oceans in our everyday life and inspiring action to protect our oceans and sustainably use marine resources. Here at Preschool, we will introduce the children to a local award winning charity organization that champions in reducing waste and plastic pollution in our oceans - "Take3.org"

Take 3's message: *"Take 3 pieces of rubbish with you when you leave the beach, waterway or....anywhere and you have made a difference"*

World Music Day is for everybody to enjoy.....There's nothing in the world like the sound of your favourite song coming on, it just gets right into your head and your body and makes you move.

Here at preschool, we embrace music everyday, but on World Music day we embrace the opportunity to switch it up a bit and try some new instruments we haven't used before and listen to music we may not necessarily listen to every day.

If you have any ideas or instruments you would like to share, please drop us a line 😊



Photo week: 15th May – 19th May



The team from Sandpit photos will be back again this year to photograph your beautiful children, with packages available to suit.

Photos will take place every day across the week 15th – 19th May starting from approximately 8:30 each morning. You will find envelopes in your child's communication pockets and these should be returned no later Friday 10th May





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Look what's been happening so far in...Term 2



It has been a very wonderful term 1 in the Tiger Room with the children settling so well into the new environment! Over the past few weeks, we have seen a huge interest in sensory play. The children's days have been packed with an incredible variety of sounds, smells, sights, textures, music, dance, singing, painting and more...Through the term we have witnessed children move physically from crawling to walking, from sitting to standing up and cruising. Language and communication are also developing both verbally and non-verbally as all children have a very strong sense of belonging to our room and are confident to express themselves. The children also enjoyed participating in Harmony Week and Easter Celebrations which provided them with the opportunities to explore the diversity of culture, heritage, background, and tradition. It is our real privilege to get to know such beautiful Tiger families as well as educate and care for your children this year. We are all excited to see what learning will happen in term 2! June, Mallika and Kirra



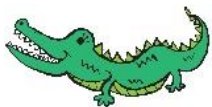
Such a wonderful and busy way to start 2023 and Term 1. We welcomed back some friends from last year and were very excited to meet new friends to our room also. The goal this Term was to simply settle in and let be. The goal for us as educators, was to become familiar with routines, learn and be guided by your children. So far, the children have enjoyed our Lilly Pillies in the garden and block building on the verandah mostly. My team are attuned to your children's thoughts and feelings and support the development of a strong sense of wellbeing. We are responsive to children with intentional teaching and a holistic approach. As your child's Room Leader, I am always available for you to have a chat as your first point of contact. If at any time you would like to come in and read a book or show off any of your skills, please do not hesitate to let me know. Deb, Bernice, Lilly, Lewis



It has been a wonderful first term in the Hippo Room. We have been speechless with how quickly the children have settled into the room. This has really helped and encouraged the children to build amazing friendships within the room each day. Before lunchtime, we sing our Hello song, which is a great way for the children to learn each other's names. The children have become very familiar with this song over the term and can confidently sing the words and clap along. The Hippo children have also had a blast in the outdoor environment, as they do lots of exploring each day. It has been a busy term for the Hippos as we celebrated Chinese New Year, Water Week and Easter, which the children loved participating in. This term, it has been great welcoming back families into our rooms, and meeting new families which has been so delightful. It has given the Hippo educators an opportunity to build stronger and new relationships with families and children, which has been amazing. We are so very excited to enter Term 2, and looking forward to seeing what beautiful things it will bring. Georgia, Molly, Hannah, Melody



We have had such a busy and enjoyable first term in the Bear Room getting to know the children, their interests, and strengths. The children have also cemented their friendships and increasingly engage in social play with their peers, demonstrating their developing ability to take turns and work collaboratively together to create their own play both indoors and outdoors. Outdoors the children have been taking ownership of their play space, setting up their own obstacle courses and challenging their developing problem solving skills, balancing skills, and core strength. Ball games have also been enjoyed during the children's time outdoors. As educators, we look forward to being part of your child's day, watching their development, and listening to their conversations (they are always entertaining) Please, if you have any concerns or comments, we would love to hear them. Thank you for giving us the opportunity to sharing your child's journey 🐻 Candice, Sara, Julie, and Sue.



We have had such a wonderful first term, getting to know the children individually, learning their strengths, interests, and beautiful personalities! The Crocodiles have enjoyed lots of outdoor play, cooling off with water play during those warm summer days, challenging ourselves on the obstacle course and getting creative in the sandpit by cooking, building sandcastles and constructing with loose parts. The Crocs have had a big interest in construction and problem solving. The children have explored this through loose parts, train tracks big blocks and in the sandpit. The children have formed such wonderful bonds with one another over the term and have also shown their ability to turn take and work collaboratively together as a team during their play. We are excited to see what term 2 has install for the Crocodiles. We would love to build on our connection between school and home and extend on the children's current interests they have at home and build on these to support their learning here at school. Taylor, Ruby, Dylan, Jackson and Olivia



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Look what's been happening so far in...Term 2



Term 1 was a busy one for us in the Lions room. We started things off with lots of games aimed at building relationships between the children and educators. February saw us undertake a unit of work that went for several weeks where we focused on things like following directions/recipes and learning mathematical concepts like comparisons, counting and measurement through activities including cooking and spending time in the garden. Almost 2 months later we still have children talking about the mini pizzas that we made! Then in March we had a focus on science and problem solving with activities like the sea creature rescues, experimenting with what happens when different things such as vinegar, bi-carb and food colouring are mixed. More recently, we have begun a really engaging unit about the sun and shadows. Lauren, Aaron and myself have really enjoyed getting to know our children and families and we are all so proud of the progress that they have already made this year. We cannot wait to see what achievements they can make during the rest of the year.

Matt, Lauren and Aaron



Throughout this term the children have been embracing being a part of the Zebra room. The children have explored various ways of engaging in the preschool environment, through open and free play, structured group times and collaborative conversations. The children have also been fostering their early literacy and numeracy skills, including, numbers, letters and one to one correspondence. The children have grown in their awareness for the next year to come, big school, and this has sparked many conversations about what to expect and how we can support one another in this process. The children have been excited to explore multimodal, using peanut the Robot and the bee bots to discover patterns, drawing on their experiences to create meaning. The interests of the day to day always change, and these interests have been embedded throughout the indoor and outdoor environment. From home corner to an outdoor kitchen, creating a water park and immersing themselves in the arts. All these interests have been inspired by the children, designing their own curriculum, building on the knowledge they have and expanding into creativity. If you have any questions, please don't hesitate to ask.

Tameka, Mel and Caleb

5 Minute MOVES

I'll time you

Short simple activities to get some active minutes in the day.

Say to a child "I'll time you" and it evokes a crazy competitive drive to beat that time over and over and over again! Why not join in?

It could be a run around the house. 10 jumps or skipping to a location. It doesn't matter. Choose a movement activity and time one another completing the activity. See if you can beat one another! Of course, the real time doesn't matter, have fun with it.





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Community Events



NATIONAL FAMILIES WEEK – MAY 15-21

National Families Week has been celebrating the importance of families for 21 years in 2023. This week celebrate with your family, make contact with your extended family and friends, and share in the enjoyment of family activities within the wider community.

The theme for 2023 is **'living real, dreaming BIG'**. Go to your local council website to find events happening around you.

WORLD BEE DAY – MAY 20

The main purpose of World Bee Day events is to spread awareness of the significance of bees and other pollinators for our survival. Simply proclaiming World Bee Day does not do much for bees and other pollinators; the main work of safeguarding their existence still needs to be undertaken. World Bee Day is an excellent opportunity to put bees at the centre of the national conversation for a day and encourage actions that create more bee-friendly landscapes.

Find out more here.

Kids in the kitchen



NO BAKE HEALTHY CARROT CAKE

PREP 30 mins | SERVES 20

INGREDIENTS | CARROT CAKE BARS

3 **carrots**, *grated* [approx. 2.5 cups of grated carrot]
1 cup (95 grams) **rolled oats**
1 cup (125 grams) **walnuts** (*or nut free version: replace walnuts with 1 cup oats*)
1 cup (100 grams) **almond meal**
1 cup (60 grams) **desiccated coconut**
6 **Medjool dates**, *pit removed*
1/3 cup (80 mls) **coconut oil**, *melted*
1/4 cup (60 mls) **maple syrup**
1 teaspoon **vanilla bean paste** [*or extract*]
1 teaspoon **cinnamon**, *ground*
1/2 teaspoon **nutmeg**, *ground*
1/4 teaspoon **ginger**, *ground*
zest of 1 **orange**
pinch of **salt**

FROSTING

1 1/4 cup **raw cashews** (*soaked in recently boiled water for 30min & drained*)
1/2 cup (125 ml) **coconut cream**
2 tablespoons **lemon juice**
3 tablespoons **maple syrup**
1 teaspoon **vanilla bean paste** (*or extract*)

METHOD | TO MAKE THE CARROT BARS

Line a 20 cm x 20 cm square tin with baking paper. Set aside. Place the carrots, oats, walnuts, almond meal, coconut, dates, coconut oil, maple syrup, vanilla, cinnamon, nutmeg, ginger, orange zest and salt into the large bowl of a food processor. Blitz for 2-3 minutes (scraping down the sides of the bowl when necessary) or until smooth and combined. Press mixture into prepared tin and pop into the freezer.

TO MAKE THE FROSTING:

Place the soaked cashews, coconut cream, lemon juice, maple syrup and vanilla bean paste into the bowl of a high-powered blender or processor. Blend on high speed for 4-5 minutes (scraping down the sides as necessary) or until the frosting is smooth and luscious. Pour frosting over carrot cake bars. Place into the freezer for 1-3 hours, or until 'set'. Cut into 20 bars.

Enjoy x

Recipe and image from mylovelylittlelunchbox.com



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FOCUS: Teaching Children Self-Regulation

Twenty years ago, children would meet up with friends in person, play outside, do puzzles and read books. Things have changed a lot since then. We are constantly on electronic devices. And kids are tech-savvy. I've seen second graders demand cell phones from their parents to take photos or go on social media. But it's not so much the access kids have that worries me. It's the lack of self-control and self-efficacy regarding the access. How much time should kids have on a digital device? How often should they use it? What should they be doing on it? Self-regulation isn't just about screen time. It ultimately helps them become more capable and confident in all aspects of their lives.

How parents can help kids self-regulate Self-regulation begins to develop rapidly in the toddler and pre-schooler years, so the sooner we start teaching it, the better.

1. Model a healthy relationship with technology. Think of the last time you were eating lunch while typing an email while listening to a podcast and checking your phone each time it dinged. We've all been there. Children can have a hard time self-regulating because their parents model this behaviour. Remember, our kids are constantly watching and copying us!

Even worse, a survey of over 6,000 participants found that 54% of kids thought their parents used their devices too frequently. Thirty-two percent of kids felt "unimportant" when their parents were on the phone. *Unimportant*. That makes me sad. How many of us adults have felt that way when someone checked their phone during a conversation? Yes, phones are addictive, but for our children's sake and ours, we must set boundaries.

2. Teach them to be patient. Self-regulation is made up of many skills, and one of them is patience. A study on delayed gratification found that kids who are able to wait longer for rewards tend to have better life outcomes. Here's the opposite of teaching patience: letting a kid be online for the entire day — in the car, in restaurants, at the dinner table.

For my girls, waiting and saving were part of our lives. We didn't have much money when they were growing up, so we saved for what we wanted. They each had their own piggy bank, and they filled them penny by penny. We even cut coupons from the newspaper every Sunday. When they were able to purchase something, they wanted because of their patience, they felt a sense of accomplishment.

Wojcicki, Esther. (2022). *I raised 2 successful CEOs and a doctor. Here's the No. 1 skill I wish more parents taught their kids today.* Retrieved from [nbc.com](https://www.nbc.com)

3. Let them be bored. As a teacher, my students would sometimes complain to me that I couldn't hold their attention during lectures. But I never got upset or offended. I seized it as a learning opportunity and said: "I want you to go home and ask your parents if they are ever bored at their jobs. If you come back tomorrow with the answer that they are never bored, you can skip my lecture." That got their attention. "Being bored is preparation for life," I told them. "You are practicing right now." They laughed, but they all understood. Life is sometimes, or often, boring. But you can learn a lot during those moments. You can either go straight to your phone, or you can dream: What are your goals? What are your next steps? What obstacles are in the way? Where do you feel the most excitement, the most hope?

4. Set tech rules. This is a no-brainer, but surprisingly, many parents don't establish the ground rules.

Here some of my top rules for technology:

1. Set up a plan *with* your kids, not *for* your kids.
2. No phones during meals, whether in your house or someone else's.
3. No phones after bedtime. Explain the importance of sleep for brain development and remind them that their bodies grow when they sleep.
4. Use discretion with small children. Younger kids, starting at age four, should be taught how to use cell phones in case of an emergency.
5. Children should come up with their own cell phone policies for family vacations, or any kind of social activity where they need to be present. Be sure to choose a penalty for disobeying their own policy (e.g., losing a certain amount of time on a device).
6. Discuss what pictures and audio are appropriate to share online. Explain that whatever they post leaves a digital footprint.
7. Help them understand what cyberbullying is, and its negative impact on others. I always say: "Laugh *with* your friends, not *at* them."
8. Teach them to not give out personal identification information.

The goal is to empower them and teach self-efficacy. When kids can self-regulate, they are more likely to have more successful relationships with themselves and with others.

Developing Fine Motor Skills

Fine motor development is vital to your child's confidence, self-care, and independence. Furthermore, increasing fine motor control enhances their *play* and prepares them for future success. **Fine motor skills** are the coordinated small muscle movements in the hands, fingers, thumb, and wrists. Encourage development with activities like these:

Cutting with scissors. Holding and using a pencil. Colour, scribble, or draw with markers, crayons, or chalk. Playdough manipulation. Snapping together blocks. Stacking blocks, small cups, buttons, wooden spoons. Building with small blocks. Puppet play. Putting together simple puzzles. Playing board games. Opening and closing things (latches, lids, boxes). Eating with silverware. Holding and drinking from a glass. Brushing their teeth.

Source: [Discoverybuildingsetsblog.com](https://discoverybuildingsetsblog.com)





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HEALTH & SAFETY: Stranger Danger – Tricky People

For generations, kids have been taught stranger danger: the principle that all strangers can potentially be dangerous. But a certified child safety educator says stranger danger doesn't work. In fact, it actually works against a parent. Safely Ever After founder Pattie Fitzgerald says 90% of sexual abuse or harm comes from someone the child knows, not a stranger. "Stranger danger doesn't teach kids about that. Stranger danger is looking in the wrong direction here."

Strangers can be confusing to kids Speaking to News Regional Media, Pattie says kids also have a different perception of what a stranger is. "If someone wants to offend against a child, they will often make themselves friendly or introduce themselves and then that child doesn't think they are strange. "Kids also see their parents talking to strangers all the time. "With learning stranger danger, when there is no danger perceived kids don't see that stranger as a threat which is why we need tricky people and why tricky people makes more sense."

Learning to spot 'tricky people' Tricky people is Pattie's philosophy; one she has been teaching to families all over the world for 15 years. "The main principle of tricky people is a tricky person can be someone you know or don't know but it is someone who breaks a safety rule or asks you to do something that makes you feel uncomfortable." But before we rush out and teach kids about tricky people, Pattie says it is important to teach kids safety rules first. "My whole philosophy it is a process." The first thing parents need to do is teach kids what is okay and not okay and anyone who breaks those rules is a tricky person. "I call them thumbs up/thumbs down. Someone doing something thumbs down - breaking a safety rule - they're a tricky person."

Pattie recommends these 10 rules for kids:

1. I am the boss of my body!
2. I know my name, address and phone number and my parents' names too (don't forget: kids need to know their parents' mobile phone numbers)
3. Safe grownups don't ask kids for help (they go to other grown ups if they need assistance)
4. I never go anywhere or take anything from someone I don't know
5. I must "check first" with my safe-smarts grown-up for permission before I go anywhere, change my plans, or get into a car even if it's with someone I know. If I can't check first, then the answer is NO!
6. Everybody's bathing suit areas are private
7. I don't have to be polite if someone makes me feel scared or uncomfortable. It's okay to say no even to a grown-up if I have to
8. I don't keep secrets especially if they make me feel scared or uneasy (no adult should tell a child to keep a secret)
9. If I ever get lost in a public place, I can freeze and yell or go to a mum with kids and ask for help
10. I will always pay attention to my special inner voice, especially if I get an "uh-oh" feeling.

Teach your kids to be the boss of their bodies

Pattie also has a list of tips for parents on her website here but says the most important things parents can teach their kids is that they are the boss of their bodies, there are no secrets and to always check first. "Teach kids at an early age that they the boss of their private parts. Do this using anatomically correct words, not cutesy names. Predators have said if a child says 'that's my penis' it is harder to coerce them." Also, make sure your child knows there are to be no secrets from mum and dad and to check first if someone asks something of them. "And teach kids what to do not what to do. Show them how to respond in a situation." Pattie recommends doing this through role-play. Show them what asking first or checking first looks like. "Practice makes perfect. You have to remind them every time you go somewhere."

While role playing is good, Pattie says if we're really going to keep our kids safe from tricky people, it is up to us to pay attention. "Don't let your kids run around unsupervised." And notice who is paying attention to your kids. Safe adults, especially ones who work with your kids, don't look for extra alone time for your kids. "My mother asking to take my daughter to the movies, that makes sense. A maths teacher asking to make my daughter to the movies doesn't make sense." Pattie has an extensive list of red flags for parents here. For parents looking for guidance on how to get the safety dialogue started with their kids, Pattie has written two books. You'll find these on her website here.

Kidspot (2019). *The 'tricky people' lesson you need to teach your kids* retrieved from <https://www.kidspot.com.au/health/family-health/safety/the-tricky-people-lesson-you-need-to-teach-your-kids/news-story/36dd4010c5f49a893948561e493f02fc>.



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IDEAS FOR PLAY

ROUGH AND TUMBLE PLAY

Rough-and-tumble play is when children do things like climb over each other, wrestle, roll around and even pretend to fight. Rough play is probably a basic human instinct that helps children develop many skills – but mostly children like this kind of play because it's fun!

Rough play helps young children:

- understand the limits of their strength
- explore their changing positions in space
- find out what other children will and won't let them do
- work out social relationships as they play roles, take turns and sort out personal boundaries
- burn off energy and let go of tension.

Play fighting or real fighting?

You might worry that your child is being aggressive, but you can usually tell rough-and-tumble play or play fighting from the real thing. **In rough play, children smile and laugh.** You might see excitement and pleasure on their faces. No-one gets bullied, hurt or forced to do anything. Once children are finished with rough-and-tumble play, they keep playing together.

If you see **frowning, crying, fear or anger**, it isn't play. And children who are really fighting move away from each other once the fight is over.

Rough play can sometimes lead to real fighting, so try to set some rules about what is and isn't OK during play. You can get even young children involved in working out what the rules should be. For example, you and your child might make rules about checking that everyone is happy with playing this way and stopping if anyone seems uncomfortable. This is important because it helps to keep everyone safe.

Rough-and-tumble play: ages and stages

Babies and toddlers enjoy exciting movement, as long as they feel safe. Babies and toddlers like to be bounced on their parents' knees or lifted into the air. It's best to **be gentle with young children**, though, to avoid any accidental injury.

Toddlers love playing chasey or tiggy, spinning around and dancing. Some toddlers like gentle wrestling on a safe, soft surface with you or other toddlers. This kind of active play works best when children are wide awake and not expected to go to bed or sit quietly any time soon.

Primary school-age children are the biggest rough-and-tumblers, particularly with their friends. Like toddlers, they often enjoy wrestling on safe, soft surfaces where they can fall or roll around. At this age, it's important to talk with children about keeping rough play respectful, safe and fun.

Source: raisingchildren.net.au



PUT ON A SHOW TOGETHER

Children are natural performers! Using whatever props you have to hand (puppets, dolls, action figures, hairbrushes, boxes can all help), act out a play with your child. Let them dictate the plot as you go! The key is for your child to explore their own creative interests and express themselves.

Not sure where to start?

Bring a book to life: act out one of your child's favourite books. Let the children grab some props, musical instruments and whatever else they want out, and have some fun re-telling the story together.

Choose a nursery rhyme: you know them well. Use one of the classics and turn it into a show.

Re-create your favourite episode of Bluey! My children do this without prompting.

If your child isn't into 'acting' get out the music instruments, cardboard boxes and put on a rock show!

Call in siblings, Grandparents, friends to watch the show!

Drama and storytelling also give your child **opportunities to build and practise vocabulary and learn about the structure of stories.** And when your child acts out roles like a caring nurse, they see the world from someone else's point of view. This helps them build empathy.

The preschool years can be a very creative time! Give them the platform and safe space to perform. Have fun!

The Hub Waratah

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The Hub Waratah

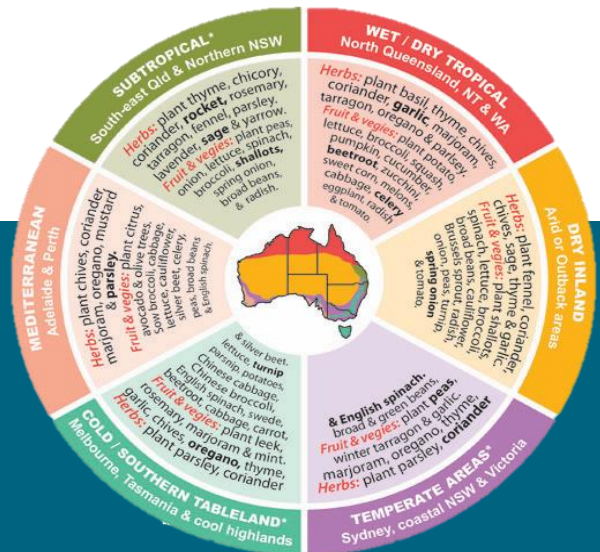
Sustainability CORNER

START A VEGETABLE GARDEN

April is also a top time to get into the patch! There is a little bit of rain around, the weather is cooling down, and shed loads of stuff is ready to plant! So, don't be a bunny, get into gardening this April! Hop to it!

Starting a veggie patch can be daunting. What do I plant? Where? Etc Bunnings has a very simple guide to get you started. You can find it [here!](#)

Use this chart to know what to plant this Autumn.



Loose Parts for our MRG (mini reverse garbage)

Loose parts play is a type of play that supports invention divergent thinking problem solving and offers a sense of wonder to children. We look forward to receiving your loose parts donations which you can place in the baskets in our foyer. Loose parts are added to our MRG where children in the preschool and toddler areas have access to select materials from here that they wish to use in their artworks and play



As most of you know we have a wonderful sustainability project that has evolved over years at The Hub Waratah. We have a clothing exchange at the front of the centre. Feel free to bring your child's unwanted clothing to reception for us to add to our clothing exchange. Please feel free to take clothes from the clothing exchange at any time. Please note, lost property that has been uncollected for two terms will be given to charity or put in the clothing exchange.

Book Swap

BOOK SWAP: We have a book swap located in our foyer. Feel free to bring your books to reception. If no one is at reception you can just pop the books into the cabinet. Please feel free to take books from the book swap even if you haven't swapped a book. Books can be any type e.g. children's, cooking, fiction, non-fiction etc



Currently our 3 silky hens in the garden area are laying an abundance of eggs and the children have a wonderful time each day as they go out to collect the eggs. If you would like some fresh eggs to take home, please see reception.

The Hub Waratah

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A Few Friendly Reminders

- Provide SPARE CLOTHES: Ensure you send at least two FULL change of clothes for your child everyday. Three changes for the babies rooms.
- Please label your child's drink bottle, hat and spare clothes.
- Please send a suitable SUNSAFE HAT for your child. Not a cap or cap with back flap. Please make sure the brim is at least 6cm all the way around.
- Thongs are not suitable shoes for care unless they have a back strap. Your child participates in climbing and other activities which require appropriate footwear. We do allow the children to remove their shoes for play.
- Please ensure your child has sunscreen on when they arrive each morning as it takes 20 minutes to be effective. Educators will apply it for you if you have forgotten.
- Please dress your child in SUNSAFE clothing. Singlet tops and sleeveless dresses are NOT suitable.
- On pick-up please check all messages when you sign out so you know if there is something that needs your attention such as an accident report.
- Please remember to SUPPLY enough pull-ups or nappies for the day for your child in our Toddler or Preschool rooms.
- Please remember over the counter medications must be appropriate for the age of your child and will also need a chemist label. Medication forms can be completed on the OWNA app
- Any preferences you have for your child eg: food, own wipes, own sunscreen etc needs to be acknowledged by completing the ADVICE FORM on OWNA
- Please remember BEFORE 8:00am drop all your child's belongings to their own room then take your child to the TIGERS room. Please do not leave your child alone in a room without an Educator. AFTER 5:30pm collect all your child's belongings from their room and then collect your child from the HIPPOS room.
- Preschoolers and Toddlers—Please remember if dropping your child off before 8am to please take their hat and drink bottle with them to the Tiger's room.
- Please remember your child's ART is their day's work. Please try and take their artwork home and refrain from throwing it in the bin at the service. They have great pride in what they make during the day.
- **PLEASE SANTISE YOUR HANDS WHEN ENTERING AND EXITING THE BUILDING. SANITISER IS AVAILABLE AT THE SIGN IN DESK AND AT FRONT OF FOYER .**

Feedback
is always welcome 



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