



THE HUB MENU

The Hub Mayfield

	Menu 1	Menu 2	Menu 3	Menu 4
Breakfast	Choose from: Wholegrain Cereals (wheat biscuits, dried fruit and flake mix), porridge and wholemeal toast with healthy toppings, served with milk and water			
Morning Tea	Seasonal Fruit and Vegetable Platter Milk and Water	Seasonal Fruit and Vegetable Platter Milk and Water	Seasonal Fruit and Vegetable Platter Milk and Water	Seasonal Fruit and Vegetable Platter Milk and Water
Lunch	From Home	From Home	From Home	From Home
Afternoon Tea	Fruit in Natural Juice and Vanilla Custard Apple Milk and Water	Wholemeal Vita-Weat Biscuits and Large Rice Crackers with Cheese, Vegemite & Tomato Apple Milk and Water	Fruit in Natural Juice and Vanilla Yoghurt Apple Milk and Water	Sandwich Triangles with Cheese, Vegemite & Tomato Apple Milk and Water
Late Snack	Cheese, Biscuits and Fruit	Cheese, Biscuits and Fruit	Cheese, Biscuits and Fruit	Cheese, Biscuits and Fruit